



## RANZCOG 2018

Aboriginal and  
Torres Strait Islander  
Women's Health Meeting

### Turning Tides

**Saturday 15 - Sunday 16 September 2018** Adelaide Convention Centre

## REGISTRATION AND PROGRAM

### Welcome

On behalf of the Organising Committee, it is my great pleasure to invite you to join us in Adelaide for the **RANZCOG 2018 Aboriginal and Torres Strait Islander Women's Health Meeting**. For the first time, this meeting will precede the RANZCOG 2018 Annual Scientific Meeting at the new Adelaide Convention Centre from 15–16 September 2018.

The meeting will bring together Aboriginal health workers, midwives, general practitioners and obstetricians & gynaecologists working within the Indigenous community, with the aim to improve the health outcomes of Aboriginal and Torres Strait Islander Women.

This year's theme, **Turning Tides**, explores how Aboriginal and Torres Strait Islander Women's health continues to ebb and flow with advances and setbacks. The meeting provides a unique opportunity to share the latest knowledge and fathom the depths of best practice in Aboriginal and Torres Strait Islander Women's health.

The diverse program includes workshops and presentations designed to provoke discussion and upskill in evidence-based obstetric and gynaecological issues specific to Aboriginal and Torres Strait Islander women. Professor Kerry Arabena will deliver the Alison Bush Memorial Oration on her work with "The First 1000 Days Australia".

Join us in riding a wave of optimism and change in Adelaide.

**Dr Marilyn Clarke**  
Chair, Organising Committee

### Who should attend

- Aboriginal Health Workers
- RANZCOG Fellows, Diplomates and Trainees
- General Practitioners
- Midwives & Nurses
- Medical Students, Interns and Junior Medical Officers
- Allied Healthcare Professionals working with Aboriginal and Torres Strait Islander People

### Highlights



**Keynote Speaker**  
**Alison Bush Memorial Oration**  
Professor Kerry Arabena

Professor Kerry Arabena is a descendant of the Meriam people of the Torres Strait and current Chair for Indigenous Health and Director of the Indigenous Health Equity Unit at The University of Melbourne. She is Executive Director and Lead Investigator on the First 1000 Days Australia, an interventions-based, pre-birth, multigenerational cohort study designed with and for Aboriginal and Torres Strait Islander families. The model aims to provide a comprehensive strategy to strengthen Aboriginal and Torres Strait Islander families to help address their children's needs from pre-conception to two years of age. In these crucial first 1000 days, the best foundations are laid down for the future health and wellbeing of Aboriginal and Torres Strait Islander children.

### Ngangkari - Traditional Healers of Central Australia

Ngangkari are Anangu traditional healers, who have received special tools and training from their grandparents. Anangu have a culturally based view of causation and recovery from physical and mental illness and attribute many illness and emotional states to harmful elements in the Anangu spiritual world. Ngangkari are highly valued for their unique ability to protect and heal individuals and communities from this harm.

### Meeting Registration

[Register now](http://www.ranzcogasm.com.au/atsiwhm2018) to attend RANZCOG 2018 Aboriginal and Torres Strait Islander Women's Health Meeting.

Visit 'Turning Tides ATSIWHM 2018' website for further information including registration details and fees

[www.ranzcogasm.com.au/atsiwhm2018](http://www.ranzcogasm.com.au/atsiwhm2018)

## Saturday 15 - Sunday 16 September 2018 Adelaide Convention Centre

### WORKSHOPS - SATURDAY 15 SEPTEMBER 2018

#### Culturally-Safe Health Care for Aboriginal and Torres Strait Islander Women Workshop

**Time:** 1.00–5.00pm  
**Venue:** Adelaide Convention Centre - City Room 1  
**Facilitator:** Poche Centre for Indigenous Health and Well-Being, Flinders University  
**Participants:** Open to all delegates  
**Includes:** Afternoon tea

This workshop speaks to both Indigenous and Non-Indigenous medical and healthcare professionals and workers providing care to Aboriginal and Torres Strait Islander women. Course content is delivered using a mix of presentations, small group work and videos to deconstruct racialised stereotypes and misinformation and gain real-world strategies for developing culturally-safe and effective healthcare practices and systems.

#### Introduction to Fetal Surveillance Workshop

**Time:** 1.00–4.30pm  
**Venue:** Adelaide Convention Centre - City Room 2  
**Facilitator:** Mark Beaves  
**Participants:** Tailored to Aboriginal and Torres Strait Islander HealthWorkers and Midwives. Limited to 40  
**Includes:** Afternoon tea

The FSEP workshop runs for 3.5 hours and is designed as an introduction to cardiotocography (CTG) for Aboriginal and Torres Strait Islander health workers and midwives. The workshop will focus the fundamental principles of CTG and its application for clinical practice. There is no assessment conducted with this program.

#### Introduction to Ultrasound Workshop

**Time:** 1.00–5.00pm  
**Venue:** Adelaide Convention Centre - Riverbank Room 7  
**Facilitator:** Associate Professor Janet Vaughan & Dr Marilyn Clarke  
**Participants:** Tailored to Aboriginal and Torres Strait Islander Health Workers and Midwives. Limited to 10  
**Includes:** Afternoon tea

This half-day practical workshop focuses on basic ultrasound knowledge and skills for the third trimester. The course outline has been tailored specifically for Aboriginal and Torres Strait Islander Health Workers and Midwives. The workshop consists of 4 hours of live, practical hands-on scanning tuition and targeted lectures. Workstations will be organised to enables interactive small group teaching and will have a pregnant subject, an experienced tutor and an ultrasound machine.

#### Research and Publications Workshop

**Time:** 12.30–2.30pm  
**Venue:** Adelaide Convention Centre - City Room 3  
**Facilitator:** Associate Professor Jacqueline Boyle & Dr Leisa McCarthy  
**Participants:** Open to all delegates

This workshop will discuss the importance of:

- Co-design and consumer participation in research,
- How to decide on what is the best research methodology for your project,
- Cultural safety in research
- Approaches to contributing to capacity building in Aboriginal and Torres Strait Islander researchers.

#### Implanon Workshop - sponsored by Merck, Sharp, Dohme

**Time:** 3.00–5.30pm  
**Venue:** Adelaide Convention Centre - City Room 3  
**Facilitator:** Dr Meredith Frearson  
**Participants:** Open to all delegates

This workshop provides theoretical instruction and simulated practical application of Implanon NXT, a long-acting reversible contraceptive (LARC) available in Australia. The training covers information about its benefits, side effects and risks and is suited to clinicians, registered nurses and midwives, community health nurses and workers.

18.30–22.30 Meeting Dinner: South Australian Museum

#### Please Note

1. Each workshop is subject to sufficient attendance and may be cancelled if minimum numbers are not reached; and fees paid will be fully refundable where applicable.
2. Please note registration is based on first come first serve basis.

## SCIENTIFIC PROGRAM – SUNDAY 16 SEPTEMBER 2018

8.00–8.15	<b>Welcome to Country</b> Aunty Georgina Williams	
8.15–8.30	<b>RANZCOG President Welcome Address</b> Professor Steve Robson	
8.30–9.00	<b>Keynote Presentation: Alison Bush Memorial Oration</b> Professor Kerry Arabena, Director, Indigenous Health Equity Unit, Centre for Health Equity, The University of Melbourne	
9.00–9.30	<b>Ngangkari - Traditional Healers of Central Australia</b> NPY Women's Council Aboriginal Coporation	
9.30–10.00	<b>Morning Tea</b>	
10.00–12.30	<b>Concurrent Session (C1): The Ebb and Flow in Gynaecology</b>	<b>Concurrent Session (C2): The Deep Waters of Obstetrics</b>
10.00–10.30	<b>National Cervical Screening Program</b> Associate Professor Julia Brotherton, Medical Director National HPV Vaccination Program Register Lisa Whop, NHMRC Early Career Research Fellow, Menzies School of Health Research	<b>Birthing in Our Community: Partnering to Improve Health Outcomes for Mothers and Babies</b> Dr Yvette Roe, Senior Research Fellow, Mater Medical Research Institute
10.30–11.00	<b>Polycystic Ovary Syndrome (PCOS) in Aboriginal and Torres Strait Islander Women: What Do the New Guidelines Mean?</b> Associate Professor Jacqueline Boyle, Deputy Director, Monash Centre for Health Research and Implementation, Monash University	<b>Catching the Tide: What Works for Smoking Cessation in Pregnancy for Aboriginal Women?</b> Associate Professor Gillian Gould, Centre for Brain and Mental Health, School of Medicine and Public Health, University of Newcastle Carolynanha Johnson, Quit SA
11.00–11.30	<b>Recent Lessons from the Far North Queensland Syphilis Epidemic and Its Impact on Pregnant Indigenous Women</b> Dr Annie Preston-Thomas, Public Health Medical Officer-Sexual Health, Tropical Public Health Services Cairns Cherrie Glasson, Tropical Public Health Services Cairns	<b>Diabetes in Pregnancy in Aboriginal and Torres Strait Islander Women</b> Dr Anna McLean, Endocrinologist, Cairns Hospital Chenoa Wapau, Cairns Hospital
11.30–12.00	<b>Supporting and Empowering Women to Manage Their Fertility: An Urban Indigenous Project</b> Dr Caroline Harvey, GP, Institute for Urban Indigenous Health Dr Yvette Roe, Senior Research Fellow, Mater Medical Research Institute	<b>Premature Births in Pregnant Aboriginal and Torres Strait Islander Women</b> Dr Scott White, Specialist in Maternal Fetal Medicine, Fellow, King Edward Memorial Hospital for Women
12.00–12.30	<b>Panel Discussion</b>	<b>Panel Discussion</b>
12.30–13.30	<b>Lunch</b>	
13.30–15.00	<b>Free Communication Oral Presentations: "Deep diving into Aboriginal and Torres Strait Islander Women's Health"</b>	
15.00–15.20	<b>Afternoon Tea</b>	
15.20–17.00	<b>Plenary Session: "Riding the Wave of Change"</b>	
15.20–15.50	<b>Domestic Violence Program: "Staying Home, Leaving Violence"</b> Jenelle Bowen and Megan Dove, Program Managers, Staying Home, Leaving Violence, NSW	
15.50–16.20	<b>Aboriginal and Torres Strait Islander Mental Health</b> Dr Marshall Watson, Child, Adolescent and Adult Forensic Psychiatrist, SA Health Women's and Children's Health Network	
16.20–16.50	<b>Lessons and Insights from an Aboriginal Midwife: Challenges in Midwifery Care</b> Skye Parsons, Project Officer - Midwifery, Nursing and Midwifery Office, NSW Ministry of Health	
16.50–17.00	<b>Closing Remarks</b> Dr Marilyn Clarke, Chair of 2018 Aboriginal and Torres Strait Islander Organising Committee	





## Meeting Dinner

**Saturday 15 September 2018**

**18.30–22.30**

**South Australian Museum**

Join us at the unique and engaging South Australian Museum for a relaxed evening of culture and camaraderie. Pre-dinner drinks will be served in the Australian Aboriginal Cultures Gallery where you will walk through the gateway to Aboriginal Australia. Be inspired by the largest display of Australian Aboriginal cultural material in the world.

The evening then continues through to the spacious Main Foyer where you will be treated to a bespoke sit down meal catered by [Something Wild](#). Winner of the Indigenous Business of the Year at the 2017 Dreamtime Awards.

During dinner, there will be an opportunity to hear from our special guests, the Ngangkari.

Book your ticket to the meeting dinner when [registering](#) for the meeting.

View [South Australian Museum's](#) location.



## Meeting Venue

The Adelaide Convention Centre is the perfect setting for Turning Tides. It is located on North Terrace, the gracious cultural and educational boulevard steeped in architectural history, and surrounded by a range of hotels as well as restaurants, theatres, the casino, shops and gardens. The Adelaide Convention Centre enjoys a global reputation for excellence and is consistently ranked among the world's top convention centres.

### Adelaide Convention Centre

North Terrace, Adelaide South Australia 5000

T: +61 8 8212 4099

W: [www.adelaidecc.com.au](http://www.adelaidecc.com.au)

View a map of the [Adelaide Convention Centre](#)



## Booking your Accommodation

Special rates have been arranged at a number of hotels within walking distance of the Adelaide Convention Centre for RANZCOG 2018 Aboriginal and Torres Strait Islander Women's Health Meeting delegates.

Accommodation can be booked when you [register](#) to attend the workshops and meeting.